



# The Role of Telehealth in Expanding Access to Healthcare During the COVID-19 Pandemic: Considerations for Vaccine Uptake and Monitoring for Adverse Events

Clinician Outreach and Communication Activity (COCA) Webinar

Thursday, March 11, 2021

# Continuing Education

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- Planners have reviewed content to ensure there is no bias.
- The presentation will not include any discussion of the unlabeled use of a product or a product under investigational use.
- CDC did not accept commercial support for this continuing education activity.

# Objectives

1. Discuss CDC's telehealth guidance and considerations for vaccine planning.
2. Summarize recent discussions with national telehealth providers.
3. Cite current CDC vaccine resources (e.g., V-safe, COVID-19 Vaccine Confidence Consults) and how healthcare facilities can integrate them into existing telehealth services.
4. Describe current telehealth experiences that can inform strategies to build vaccine confidence, address vaccine hesitancy, increase vaccine uptake, and expand vaccine adverse event monitoring.

# How to Ask a Question; Location of Video Recording

- All participants joining us today are in listen-only mode.
- Using Zoom
  - Click the “Q&A” button.
  - Type your question in the “Q&A” box.
  - Submit your question.
- If you are a patient, please refer your questions to your healthcare provider.
- For media questions, please contact CDC Media Relations at 404-639-3286, or send an email to [media@cdc.gov](mailto:media@cdc.gov).
- The video recording of this COCA Call will be posted at [https://emergency.cdc.gov/coca/calls/2021/callinfo\\_031121.asp](https://emergency.cdc.gov/coca/calls/2021/callinfo_031121.asp) and available to view on-demand a few hours after the end of the webinar.

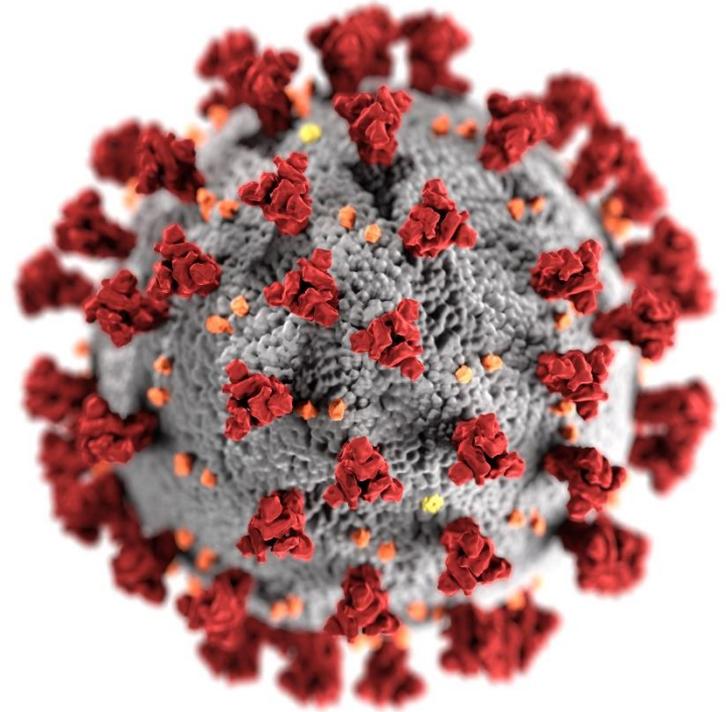
# Today's Presenters

- **Erica Tindall, MSN, MPH, APRN, AGNP-C, CIC**  
Public Health Analyst, Senior Health Research Analyst  
Peraton
- **Ann Mond Johnson** *(no slides)*  
CEO  
American Telemedicine Association (ATA)
- **Michelle Rizer, MHSA**  
Principal, Strategic Partnerships – Virtual Health  
Spectrum Health
- **Daniel Smith, PA-C**  
Lead Provider Informaticist  
Spectrum Health
- **Todd Vento, MD, MPH, FACP, FIDSA**  
Medical Director, Infectious Diseases & Specialty TeleHealth  
Intermountain Healthcare

# CDC COVID-19 Response: Telehealth & COVID-19 Vaccine Implementation

Erica Tindall, MSN, MPH, APRN, AGNP-C, CIC  
March 11, 2021

Implementation & Telehealth Unit  
Healthcare Systems Worker Safety (HSWS)  
CDC COVID-19 Emergency Response



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

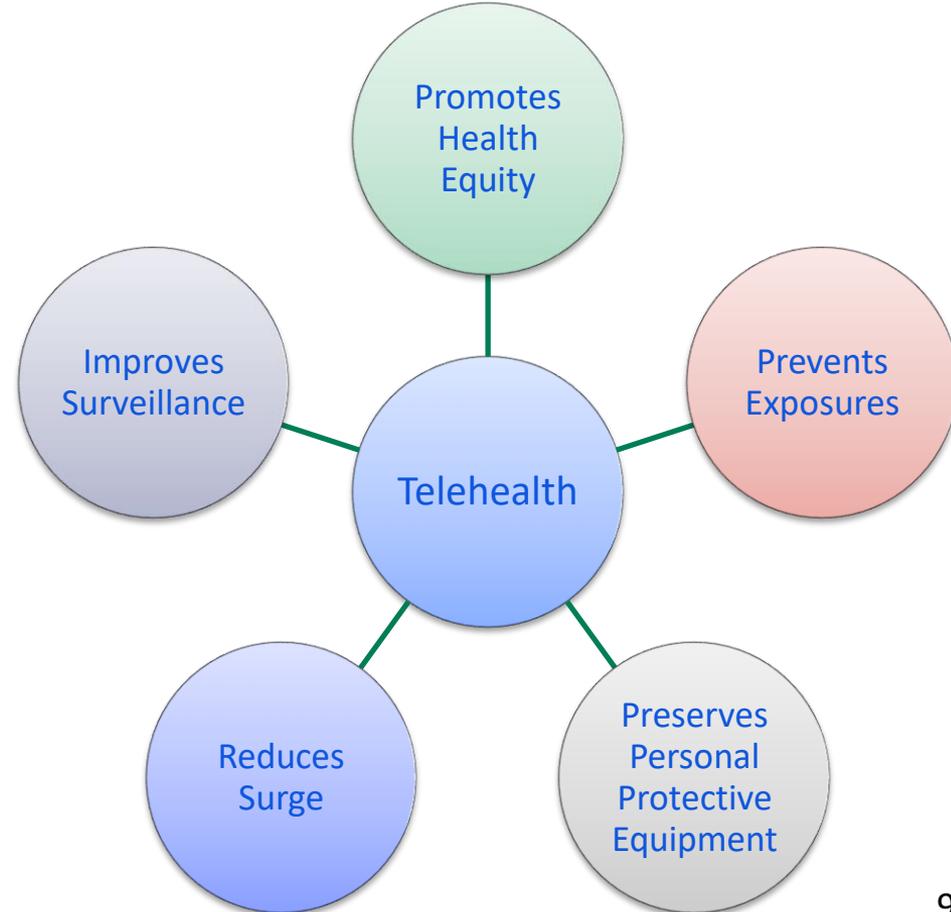
# Telehealth Modalities

- Telehealth technologies are used to support and promote long-distance clinical health care, patient and professional health-related education, public health and health administration.
  - Technologies include videoconferencing, the internet, store-and-forward imaging, streaming media, and terrestrial and wireless communications.



# CDC COVID-19 Response Telehealth Updates

- Collaborating with federal partners
- Monitoring trends in telehealth usage with key telehealth partners
- Sharing guidance and information
  - COCA Calls
  - CDC Telehealth guidance
  - Publications:
    - [Trends in the Use of Telehealth During the Emergence of the COVID-19 Pandemic — United States, January–March 2020](#)
    - [Telehealth Practice Among Health Centers During the COVID-19 Pandemic — United States, July 11–17, 2020](#)
    - [Trends in Use of Telehealth Among Health Centers During the COVID-19 Pandemic — United States, June 26–November 6, 2020](#)



# TELEHEALTH & VACCINE IMPLEMENTATION



Vaccine  
Consultation



Linkage to Vaccine  
Administration Site



Vaccination Clinic Sites  
Readiness Assessments



Post-vaccination Concerns  
Vaccine Adverse Event Monitoring & Reporting



Evaluation, Triage  
& Referral

# Telehealth & Vaccine Administration

Telehealth Modalities	Vaccine Consultation	Linkage to Administration Site	Vaccine Administration Site Readiness	Post-Vaccination Concerns; Vaccine Adverse Event Monitoring & Reporting	Evaluation, Triage, & Referral
Synchronous	✓	✓	✓		✓
Asynchronous	✓	✓		✓	✓
Remote Patient Monitoring				✓	✓



# COVID-19 Vaccine Resources for Clinicians & Telehealth Services





## COVID-19 Vaccine Training Modules

- [COVID-19 Vaccine Training: General Overview of Immunization Best Practices for Healthcare Providers](#)
- [Moderna COVID-19 Vaccine: What Healthcare Professionals Need to Know](#) (Updated 2/11/21)
- [Pfizer-BioNTech COVID-19 Vaccine: What Healthcare Professionals Need to Know](#) (Updated 2/23/21)
- [Janssen COVID-19 Vaccine \(Johnson & Johnson\): What Healthcare Professionals Need to Know](#) (New March 6, 2021)



<https://www2.cdc.gov/vaccines/ed/covid19/>



# Vaccinate with **Confidence**

*Protect communities. Empower families. Stop myths.*

- **COVID-19 Vaccination Communication Toolkit**
  - [How to Build Confidence in COVID-19 Vaccine](#)
  - [Quick Answers for Common Questions about COVID-19 Vaccines](#)
- **CDC COVID-19 Support Lines**
  - CDC INFO: 800-CDC-INFO (800-232-4636)
    - Call and ask for [Clinician On-Call Center](#)
  - [CDC-INFO Submission page](#)
- **Confidence Consults**
  - Technical assistance for state and/or local jurisdictions
  - Request a 60-minute consult with a vaccine confidence SME
  - Send an email to [confidenceconsults@cdc.gov](mailto:confidenceconsults@cdc.gov)





- CDC Smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins for COVID-19 recipients.
  - Report to CDC any side effects after getting the COVID-19 vaccine
  - Depending on answers, someone from CDC may call to check on the vaccine recipient and get more information
- V-safe will also remind vaccine recipients to get their second COVID-19 vaccine dose if needed. V-safe does not schedule the appointment.



<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/vsafe.html>



- **Free** text messaging platform that providers can offer to their patients
- Patients can opt in to conveniently receive text message reminders to get their second dose of COVID-19 vaccine
- Offers the added benefit of reminding patients to sign up for **V-Safe**, a tool that allows people to report adverse outcomes following vaccination

<https://www.cdc.gov/vaccines/covid-19/reporting/vaxtext/index.html>

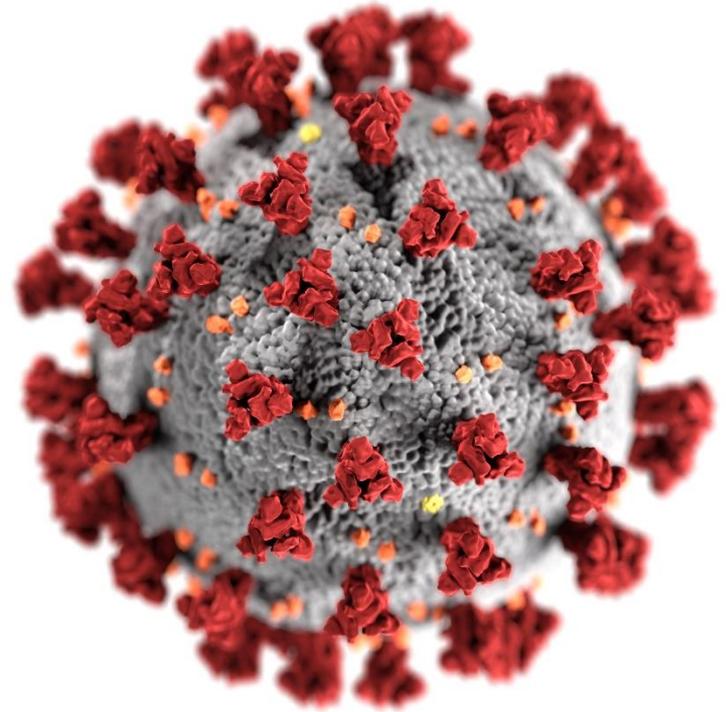


# Thank You



# Disclaimer

The findings and conclusions in this report are those of the author(s) and do not necessarily represent the official position of the Centers for Disease Control and Prevention (CDC).



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

# Today's Second Presenter

**Ann Mond Johnson (no slides)**

CEO

American Telemedicine Association (ATA)





**Spectrum  
Health**

# **Spectrum Health Virtual Health**



Improve health, inspire hope and save lives™



**31,000**  
Employees



**\$8 Billion**  
Enterprise



**\$550 Million**  
Community Benefit



**\$37 Million**  
Philanthropy



**3,300**  
Volunteers



**4,600**  
Physicians and Advanced Practice Providers  
(employed and independent)



**14** Hospitals



**150**  
Ambulatory Sites



**208,000**  
Virtual Video Visits



**415,000**  
Lives Touched Through Healthier Communities  
(most recent fiscal year data available)



A Health Plan with Over 1 Million Members



**7,000+**  
Employers Contracted by Priority Health



**97%**  
Michigan Primary Care Doctors in Network



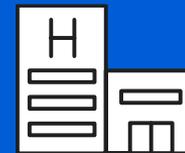
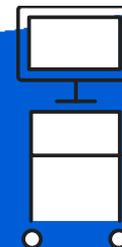
**Venture Capital**  
\$100 Million Fund



# Virtual Program Overview

## Low Acuity

Direct To Consumer, Primary & Specialty Care



## Medium Acuity

At Home Or At Other Non-Spectrum Health Locations

## High Acuity

At Spectrum Health Locations

LOW RISK

HIGH RISK

- Integrated with Epic
- On-Demand low acuity (24/7)
- Primary Care & Specialty Care video visits
  - Spectrum Health providers
  - New & established patients
  - Consults & follow up
- eVisits
- Community partnerships – School-Based Behavioral Health

- Provider prescribed/provided home based devices and integration
- TytoCare
- Consumer purchased wearables and integration
- Complex in home care

### Continuous Monitoring

- Virtual ICU
- MyChart Bedside
- Neuro-monitoring
- Cardiac monitoring/telemetry

# System Priority & Virtual Strategy

## Accelerate Virtual Health

**Objective:** Accelerate virtual-first model of care by delivering a best-in-class experience, expanding use of virtual technologies to advance patient care and improve patient health.

50% Primary Care virtual

25% Specialty virtual

# Leveraging virtual and digital solutions for COVID-19 testing and vaccine efforts

## Virtual Health Services Specific to COVID-19

### COVID-19 at Home

- Remote monitoring for COVID-19 patients post-hospitalization
- Hospital care managers identify patients
- Patient has initial video visit with Hospitalist
- Ongoing monitoring by home nursing team

### COVID-19 Vaccine Adverse Reaction Visit

- Video visit for patients with adverse reaction to vaccine
- Supported by Occupational Health provider team
- Patients contact COVID-19 phone line and/or nurse triage and are then scheduled

## COVID-19 Screening and Testing

### Call-Based Approach

- Provider-staffed line to assess patient and drop order
- Low bandwidth, many barriers and complications



### Digital Approach

- Utilizes EHR vendor mobile app/web portal
- Fully automated process that allows patients to self-screen
- Appropriate order is generated and patient schedules collection time
- Approximately 30K patients utilize digital path

## Start of Vaccine Distribution Roll-Out

### Call-Based Approach

- Slow process with low conversion rates due to challenges with contacting patients
- Not viable on a large scale



### Digital Approach

- Initial launch for digital path relied on EHR vendor mobile/web applications
- EHR options at the time created challenges:
  - Patient portal activation issues
  - Not as user friendly for those with tech disadvantages
  - Server bandwidth capacity limitations

## Current Vaccine Distribution Plan

### Registration for Vaccine

- Required for anyone interested in vaccine
- Occurs via unauthenticated Web Form on a .org page we host
- Allows us to understand demand and stratify patients into tiers outlined by MDHHS
- Supports notification when we are ready to schedule vaccine

### Patient Notification

- Patients are notified via text, phone or email when vaccine is available to them (based on supply and tier)
- Patients are sent a one time use code and directed to call-in to schedule

### Future Enhancements

- Standing up a digital, gated direct scheduling path which will be an additional option for those with tech resources
- Will reduce need for scheduling via phone



**Spectrum  
Health**

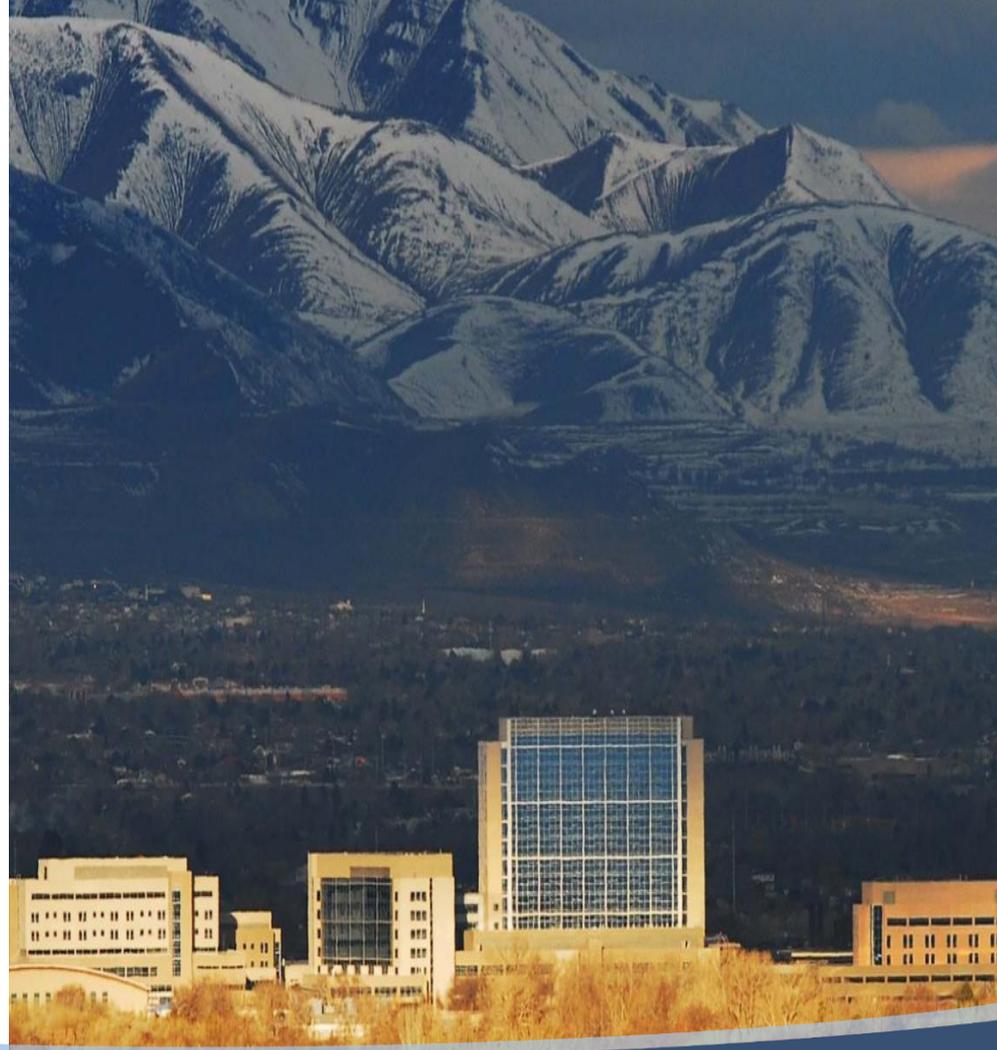
# *The Role of Telehealth in Expanding access to Healthcare during the COVID-19 Pandemic*

Todd J. Vento, MD, MPH, FACP, FIDSA  
Medical Director, TeleHealth Infectious Diseases  
Medical Director, Intermountain Connect (Specialty Care)



# Agenda

- Intermountain Healthcare overview
- Pre-COVID-19 telehealth programs
- Telehealth program expansion and lessons learned during COVID-19 pandemic



# Factors associated with COVID-19 morbidity/mortality: role for telehealth in addressing these

>70 % of U.S. COVID-19 hospitalizations are in patients  $\geq 50$ y<sup>1</sup>

AGE	DEATH RATE confirmed cases	DEATH RATE all cases
80+ years old	21.9%	14.8%
70-79 years old		8.0%
60-69 years old		3.6%
50-59 years old		1.3%
40-49 years old		0.4%
30-39 years old		0.2%
20-29 years old		0.2%
10-19 years old		0.2%

SEX	DEATH RATE confirmed cases	DEATH RATE all cases
Male	4.7%	2.8%
Female	2.8%	1.7%

PRE-EXISTING CONDITION	DEATH RATE confirmed cases	DEATH RATE all cases
Cardiovascular disease	13.2%	10.5%
Diabetes	9.2%	7.3%
Chronic respiratory disease	8.0%	6.3%
Hypertension	8.4%	6.0%
Cancer	7.6%	5.6%
<i>no pre-existing conditions</i>		0.9%

- ✓ Need for early therapeutics
- ✓ Prevent disease progression
- ✓ Prevent hospitalization when feasible/safe
- ✓ Telehealth modalities
  - ✓ Role for outpatient telehealth/hospital at home
  - ✓ Role for remote patient monitoring
  - ✓ Role for tele-coordination for delivery of home infusions e.g. monoclonal antibodies, convalescent plasma
- ✓ Challenges: access/comfort with digital health technologies

Oxford COVID-19 Evidence Service (Centre for Evidence-Based Medicine): April, 2020

<https://www.cebm.net/covid-19/global-covid-19-case-fatality-rates/>

<sup>1</sup>MMWR April 2020. 69(15):458-464

# COVID and the Acceleration of Telehealth Use/Acceptance

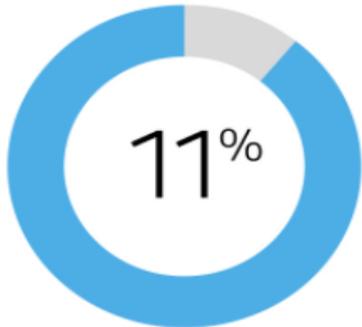
Telehealth claims have skyrocketed



Source: FAIRHealth

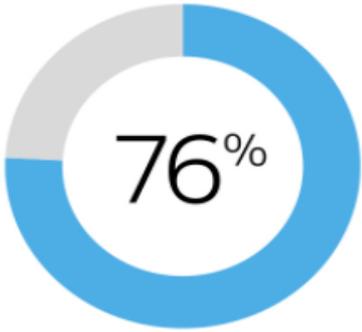
COVID-19 has changed attitudes towards telehealth

Use of Telehealth in 2019



Source: McKinsey

Now interested in using telehealth going forward



<https://www.intel.com/content/www/us/en/corporate-responsibility/covid-19-telehealth-article.html>

# ID-Telehealth service: acceptance and satisfaction (Pre-COVID-19)

- **Originating site staff (rural/community hospitals)**
  - Likert scale survey (2017)
  - 100% satisfaction (very satisfied/satisfied) across 6 categories
- **Patients**
  - Initial survey (2017)
    - Mean age: 63 yo
    - High satisfaction scores despite no prior telehealth experience
  - Follow-up study (2019)
    - 65% preferred a video visit follow-up over in-person visit
    - Higher percentage if already had an established relationship w/ clinical provider

# Agenda

- Intermountain Healthcare overview
- Pre-COVID-19 telehealth programs
- Telehealth program expansion and lessons learned during COVID-19 pandemic





WASHINGTON

MONTANA

NORTH DAKOTA

MINNESOTA

NEW BRUNSWICK

OREGON

IDAHO

WYOMING

SOUTH DAKOTA

WISCONSIN

MICHIGAN

MAINE

VERMONT

NEW HAMPSHIRE

MASSACHUSETTS

NEW YORK

CT

RI

NEBRASKA

IOWA

PENNSYLVANIA

NEVADA

UTAH

COLORADO

United States

ILLINOIS

INDIANA

OHIO

MARYLAND

NJ

WEST VIRGINIA

DE

CALIFORNIA

ARIZONA

NEW MEXICO

KANSAS

MISSOURI

KENTUCKY

VIRGINIA

OKLAHOMA

ARKANSAS

TENNESSEE

NORTH CAROLINA

BAJA CALIFORNIA

SONORA

CHIHUAHUA

TEXAS

MISSISSIPPI

ALABAMA

GEORGIA

SOUTH CAROLINA

LOUISIANA

COAHUILA DE ZARAGOZA

NUEVO LEÓN

FLORIDA

BAJA CALIFORNIA SUR

SINALOA

DURANGO

México

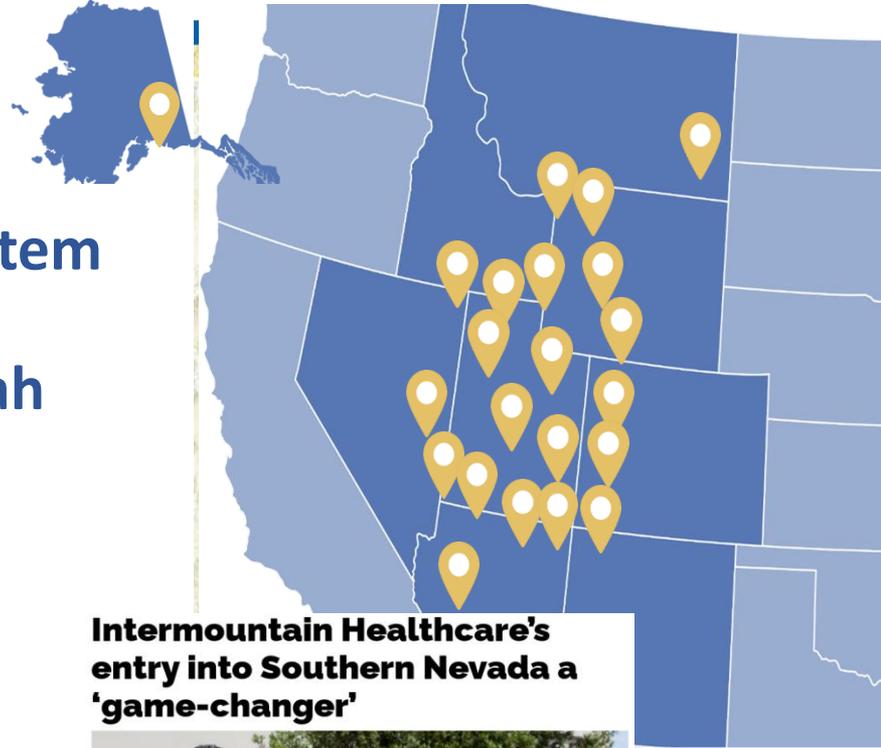
TAMAULIPAS

Gulf of Mexico

The Bahamas

# Intermountain Healthcare

- Integrated, not-for-profit health system
- Headquartered in Salt Lake City, Utah
- Team of 40,000 caregivers  
(24 hospitals, 190 clinics)
- Serves healthcare needs across the Intermountain West



# Agenda

- Intermountain Healthcare overview
- **Pre-COVID-19 telehealth programs**
- Telehealth program expansion and lessons learned during COVID-19 pandemic



February 2021: > 2.3 MILLION

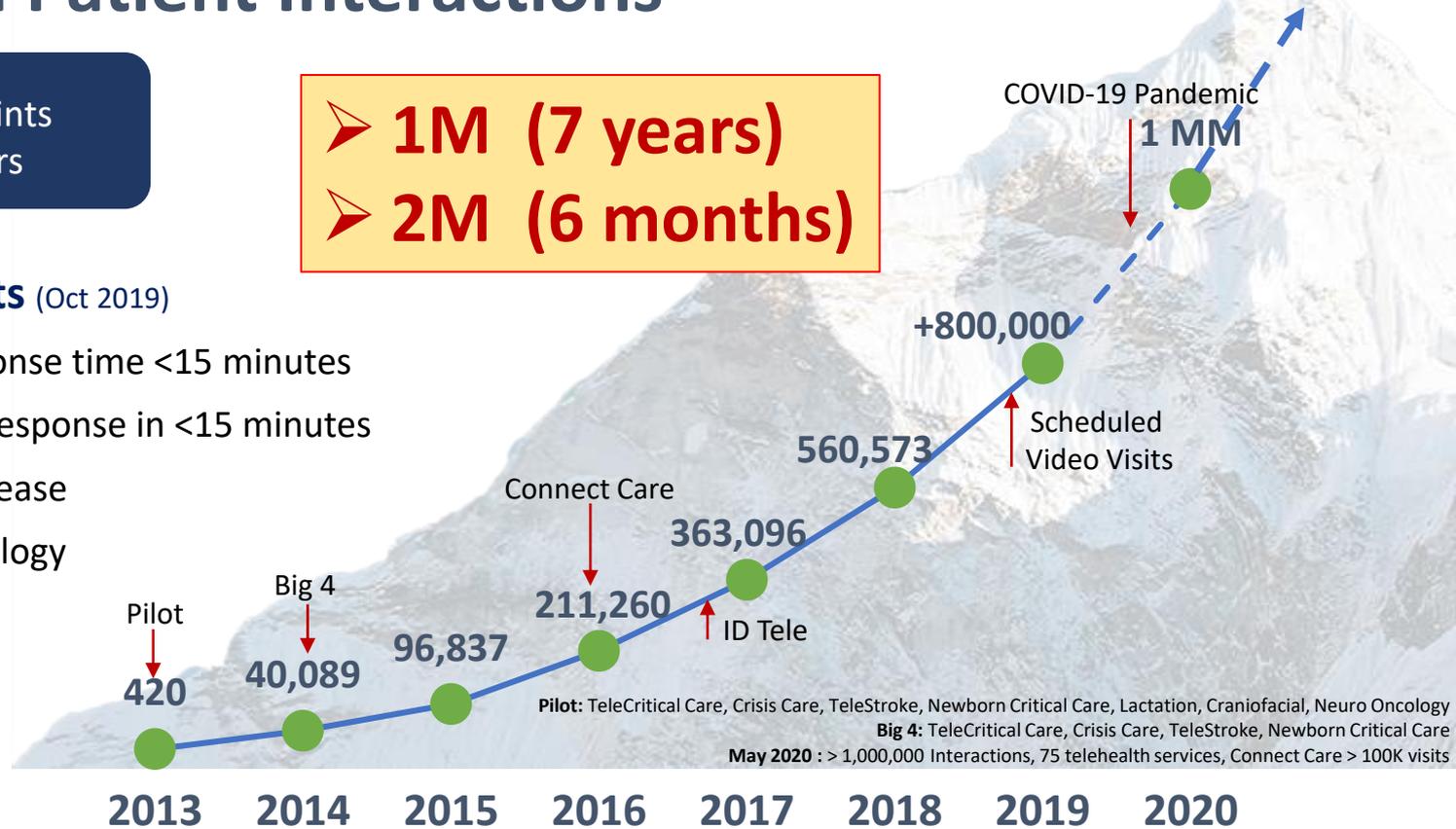
# Telehealth Patient Interactions

- 1,300 Access points
- 1,000+ Caregivers

- 1M (7 years)
- 2M (6 months)

## Acute Care Consults (Oct 2019)

- 3,800 Stroke – response time <15 minutes
- 6,000 Crisis Care – response in <15 minutes
- 3,500 Infectious Disease
- 2,000 Medical Oncology



Pilot: TeleCritical Care, Crisis Care, TeleStroke, Newborn Critical Care, Lactation, Craniofacial, Neuro Oncology  
Big 4: TeleCritical Care, Crisis Care, TeleStroke, Newborn Critical Care

May 2020 : > 1,000,000 Interactions, 75 telehealth services, Connect Care > 100K visits

# Hospital Telehealth Services

- 35 programs
- >1,700 hospital access points
- 272,000 interactions/year (pre-COVID-19)

## Critical Care

- Decreased small hospital mortality: 40%

## Newborn Critical Care

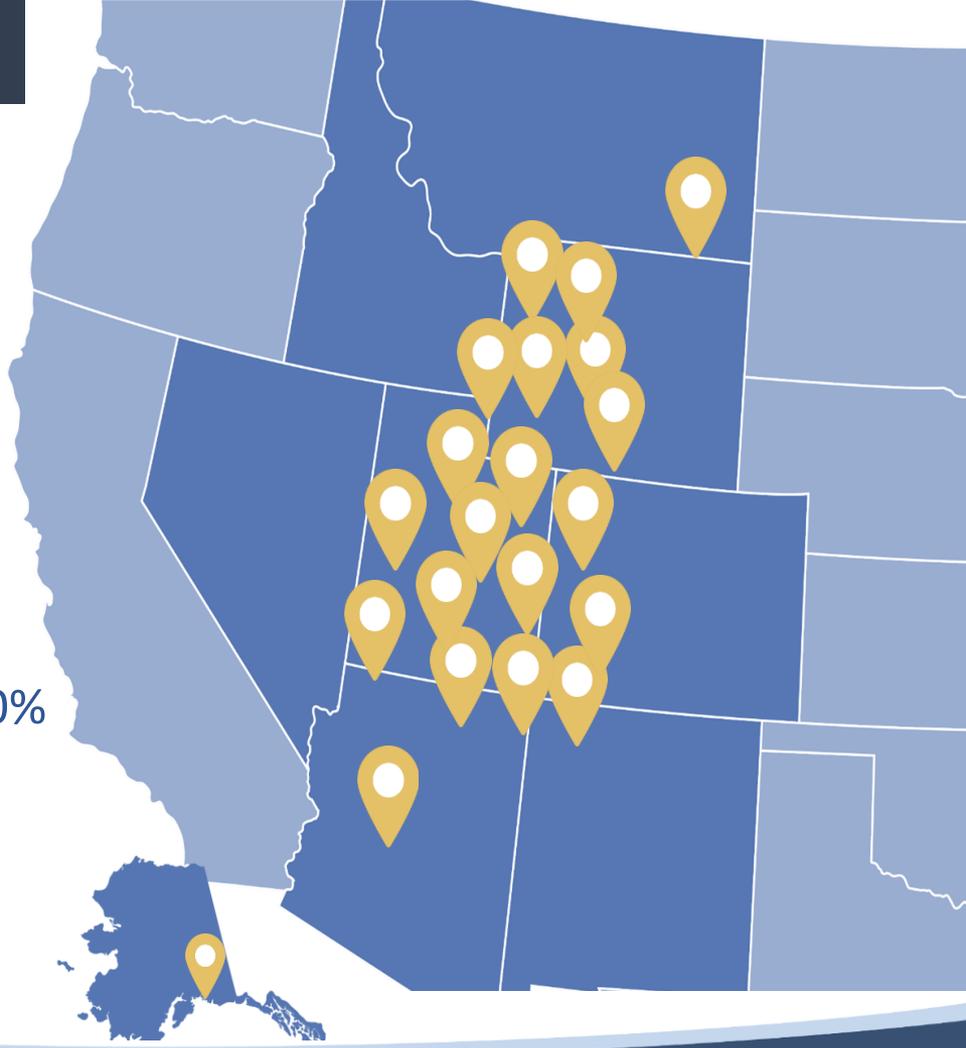
- Cost savings: \$1.2M / year

## Infectious Diseases

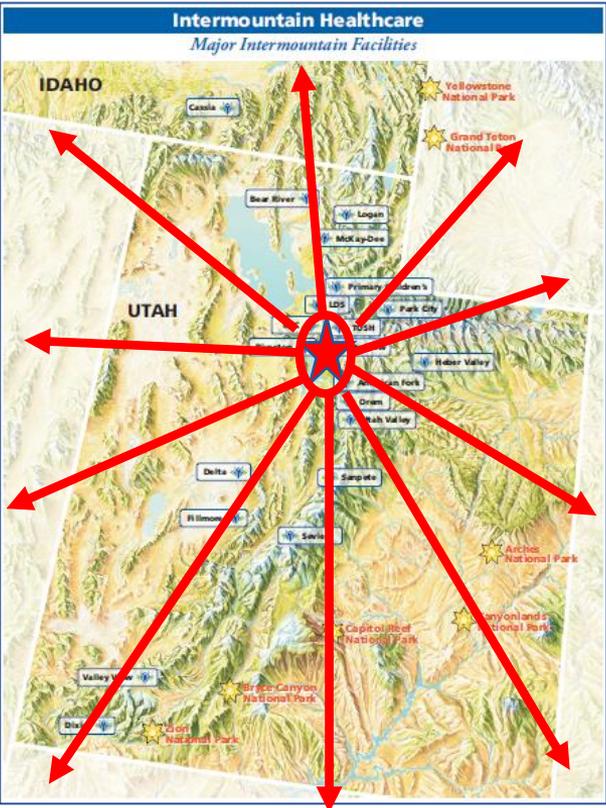
- Reduced broad spectrum antibiotic use: 40%
- Reduced *S. aureus* bacteremia mortality

## Crisis Care (15 min response)

- Decreased ED stay: 53 mins



# Intermountain Healthcare upgrades digital care for Utah patients with a new, more centralized 'virtual hospital'

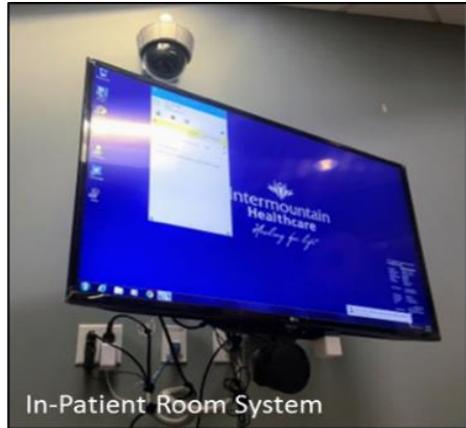


# Telehealth Infrastructure

## PSM



## Room Kits



## Mobile



## Interpretation & Family Calls



**Fall Risk**

**60 Locations**

**1100 installed**

**50 locations**

**150 installed**

**40 locations**

**950 installed**

**24 locations**

# Direct to Patient Services

## Nurse advice line/COVID-19 Call Center

- 24/7/365

## Connect Care Urgent Care

- On-demand video

## Primary/Specialty Video Visits

- Scheduled via consumer & telehealth

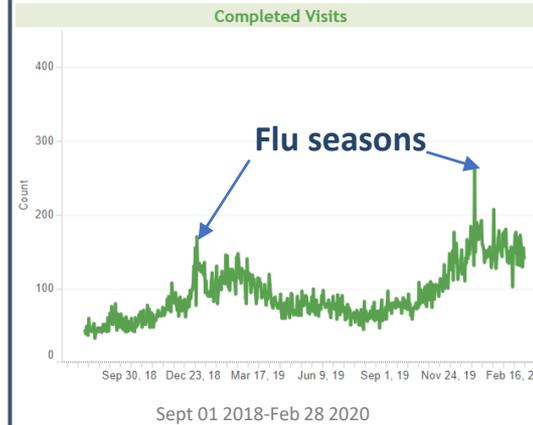
## Chronic Care Management

- Remote patient monitoring
  - Identify early clinical decompensation
  - Prevent hospital readmission

# Patient Acceptance

## Connect Care Urgent Care

- 94 372 completed visits
- 181,622 enrollments



Jan 2020: CDC travel screening



# Agenda

- Intermountain Healthcare overview
- Pre-COVID-19 telehealth programs
- **Telehealth program expansion and lessons learned during COVID-19 pandemic**



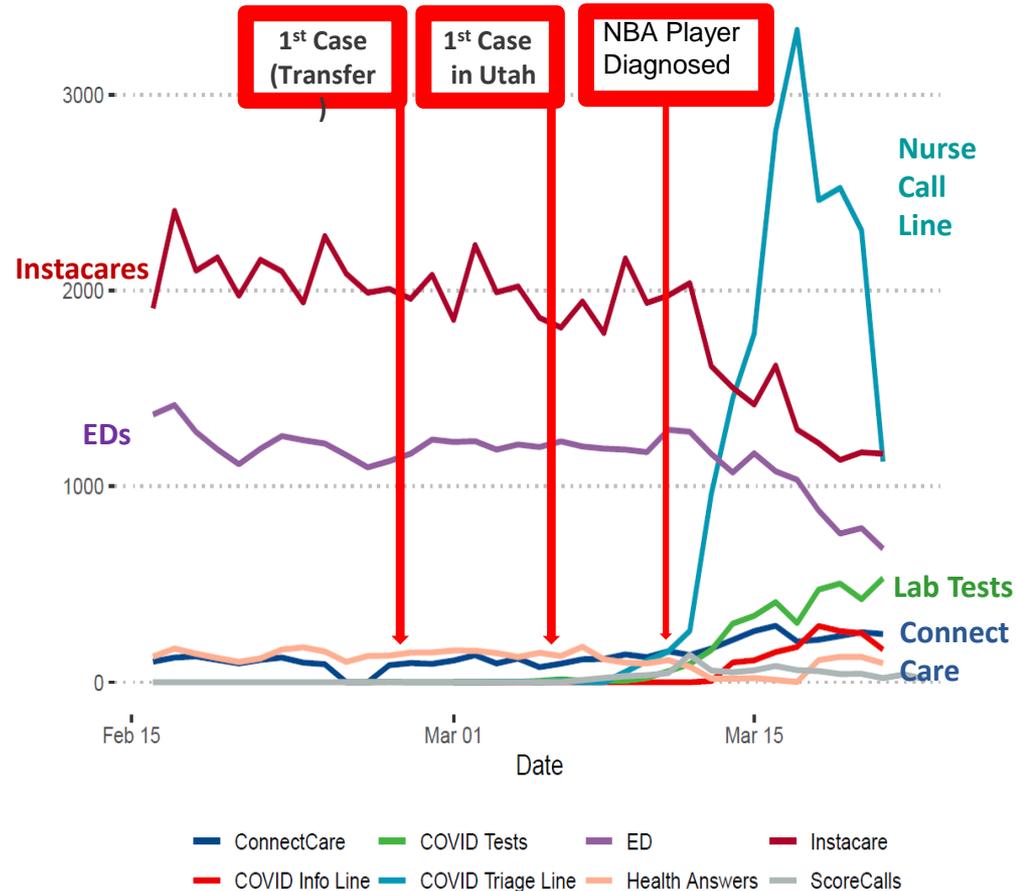
# Comprehensive Telehealth Response

- **High-capacity services**

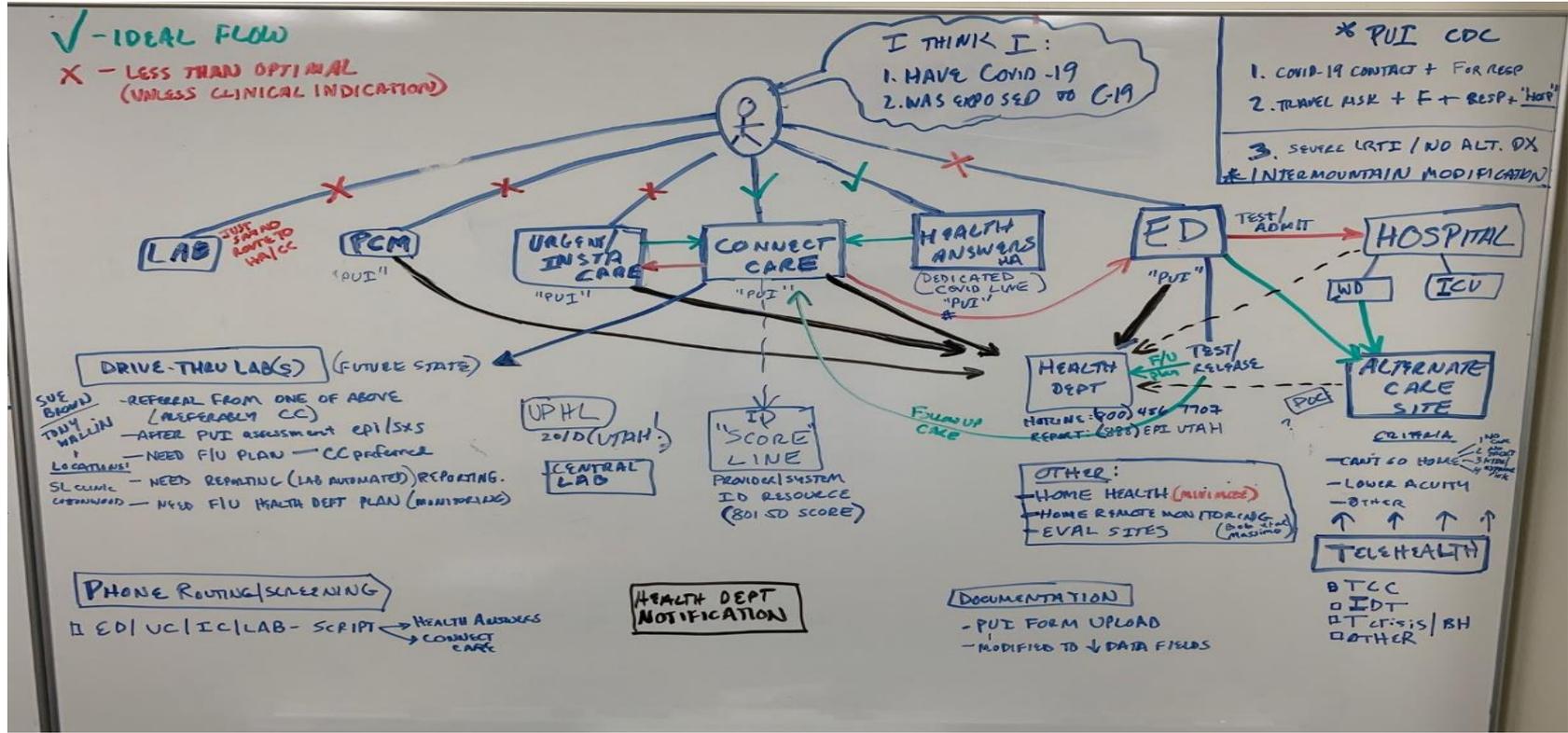
- Telephone triage nurse
- Web-based symptom checker
- Urgent care video visits

- **Detailed expertise services**

- Expanded ED/hospital HCW tools
- Dedicated COVID-19 MD line (24/7)
- Screen symptomatic healthcare workers
- Expanded specialty care video visits (900/day)
- Remote Patient Monitoring

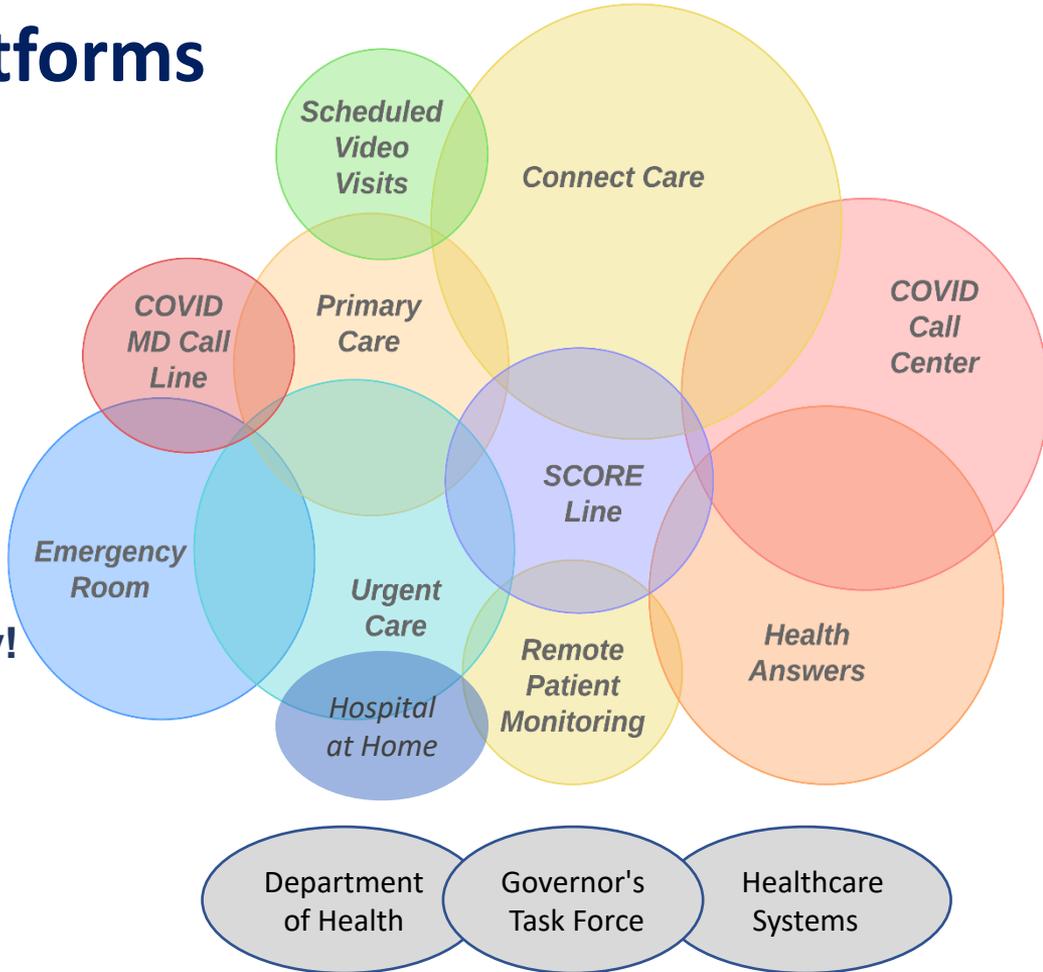


# Post-Rudy: We need a plan!



# Leveraging Telehealth Platforms

- Robust telehealth & public health response
- Expanded existing platforms
- Early proof of concept (January 2020)
  - Connect Care screenings
  - Identification of cases
- Flexibility and communication are key!
  - TeleHealth "Command Center"
  - Incident command structure
  - Rapid responsiveness to changing mission
  - Adjust plan (continually!)



# Connect Care COVID-19 Related Cases

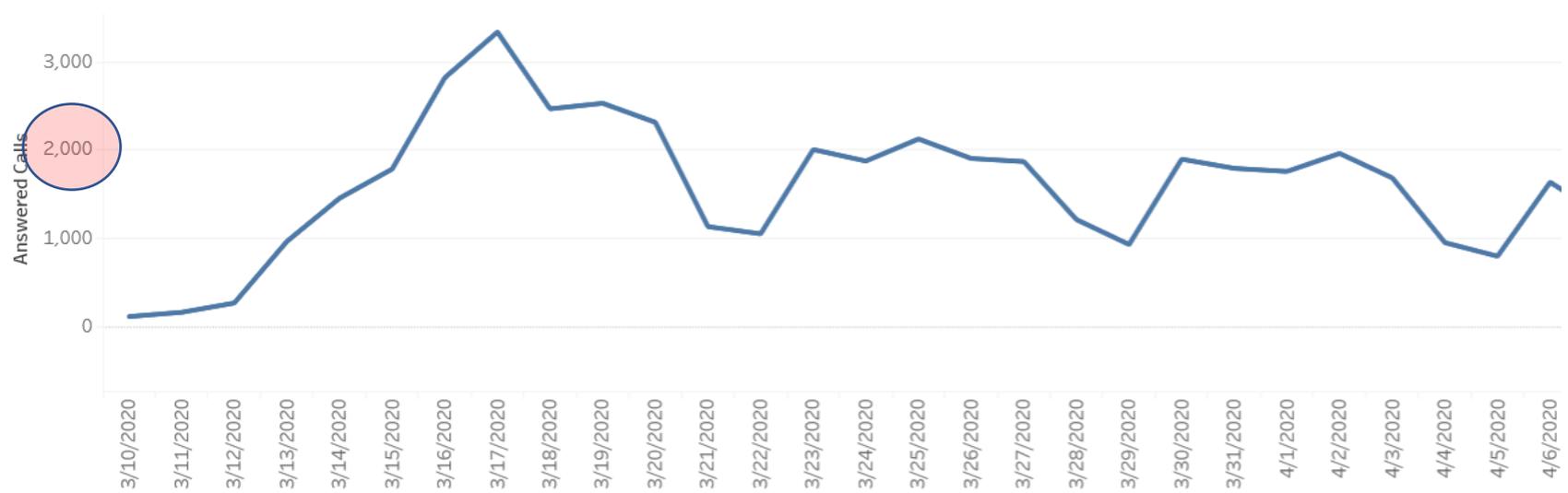
Hundreds



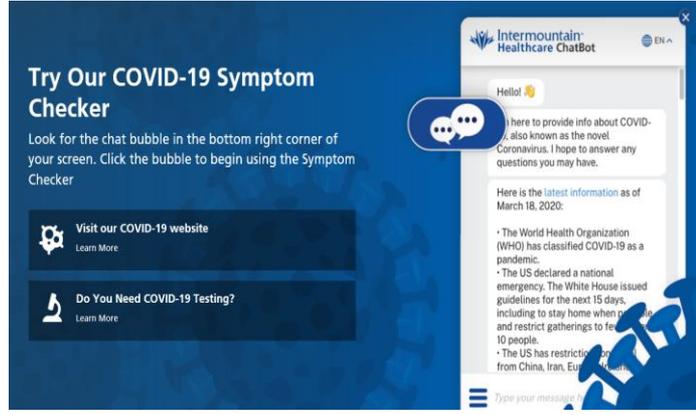
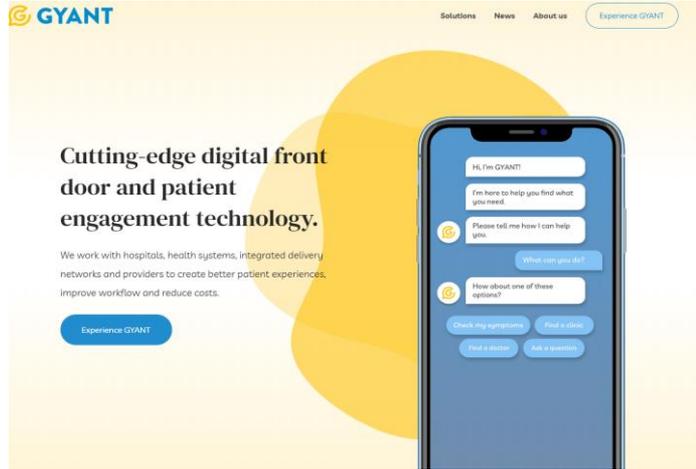
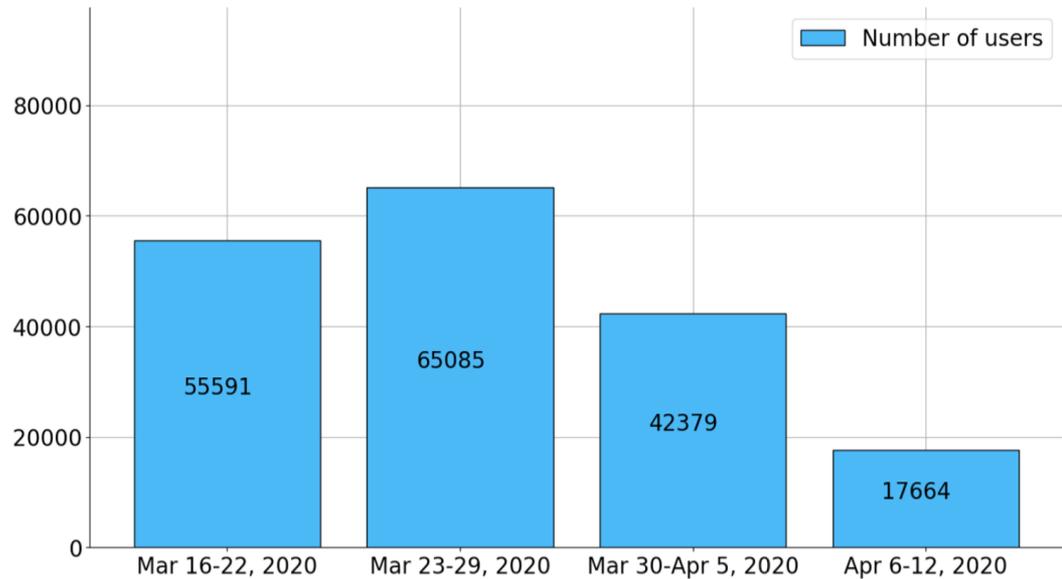
# Nurse Triage Line/COVID-19 Call Center

Thousands

Total Calls Trend and Forecast



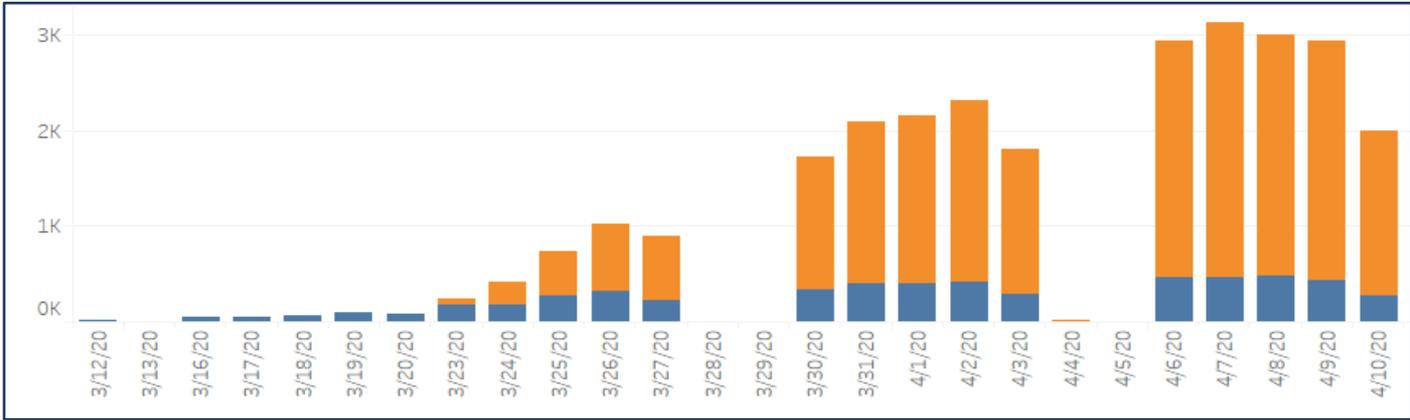
# GYANT "Scout" Online Symptom Tracker



# Telehealth and Scheduled Video Visits (SVV)

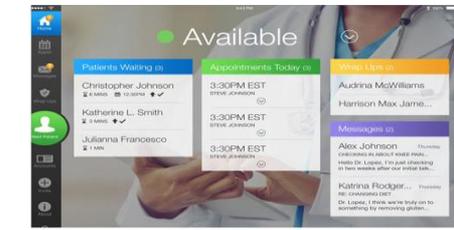
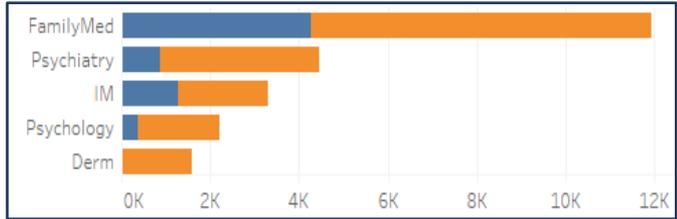
(COVID-19 and non-COVID-19)

April 2020:  
~60K video visits



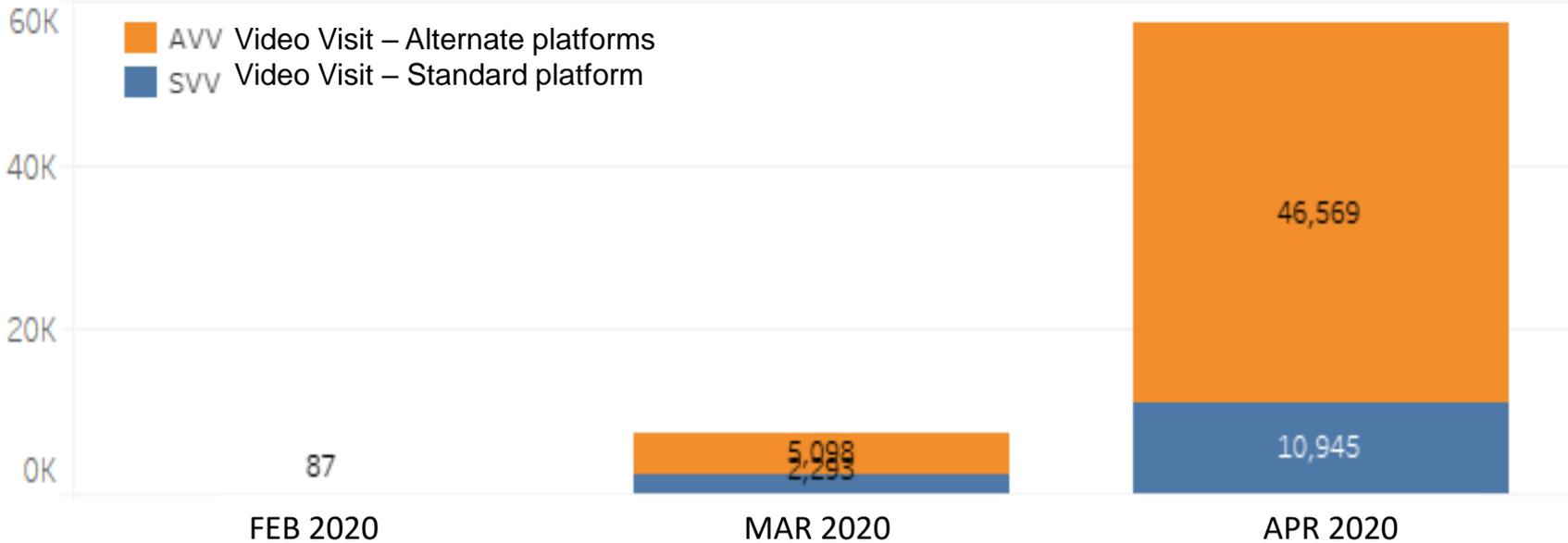
■ Consumer video Platforms  
■ Telehealth Platform

## Top 5 Utilizing Departments



# Outpatient Services: Monthly Completed Video Visits

~60K Video Visits

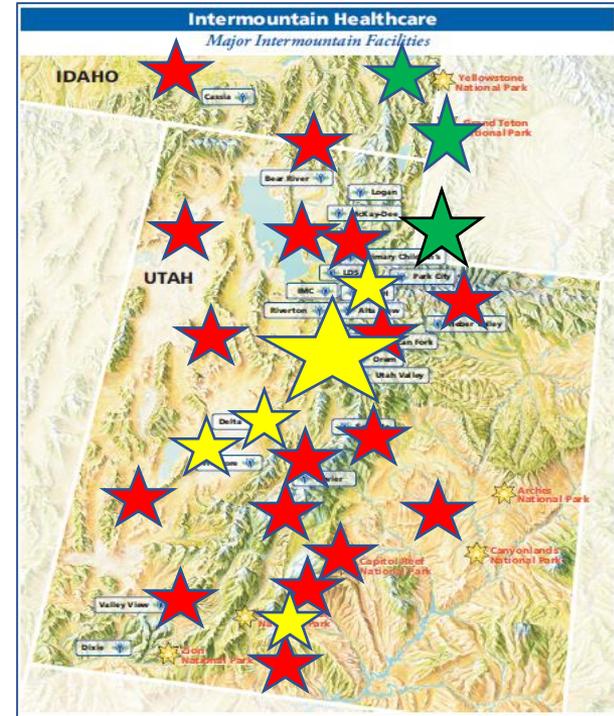


**NOTE: As of January 2021**

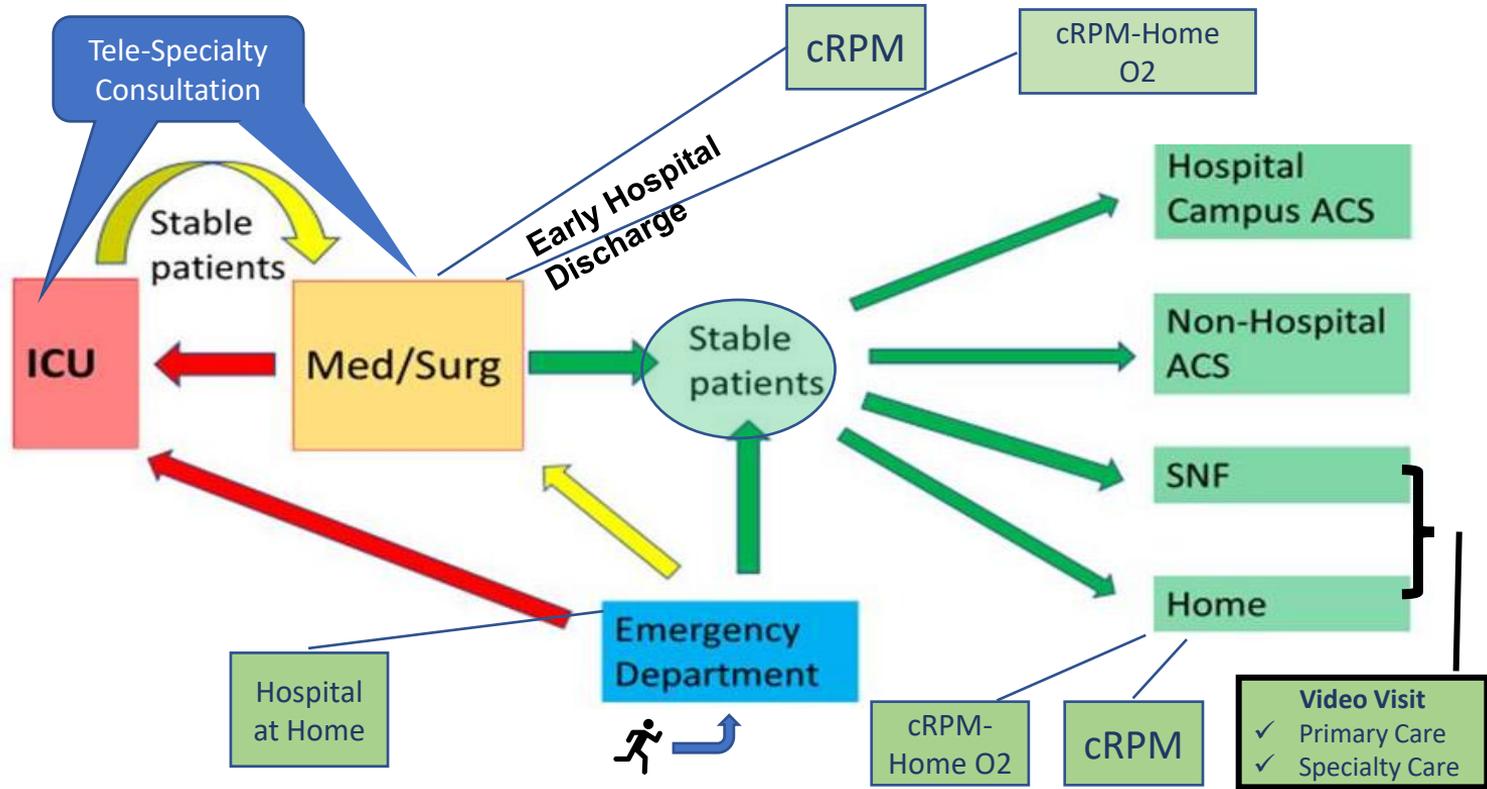
- 6,000 SVVs per week
- Approximately 17% of outpatient visits

# Rural/critical access hospitals: Tele-COVID-19 rounds and telementoring (ECHO<sup>®</sup>)

- **DAILY Multi-disciplinary/multi-state COVID-19 rounds**
  - Community Hospital Providers
  - Care Managers
  - Tele-ID physician
  - Tele-ID pharmacist
  - Tele-Critical Care Physician
  - Research Coordinators
- **Subject matter expertise to include:**
  - Current therapeutics
  - Standardized review for hospital transfer
  - Eligibility for clinical trials
- **Structured aggregate COVID-19 Workflow and Review**
- **Realtime decision making**



# Increased use of Telehealth Care Modalities during Contingency Care



# Remote Patient Monitoring (RPM)

- **Pre-COVID-19 use**
  - Cardiology, OB-Gyn, others
- **cRPM\* pathway**
  - High-risk patients identified
  - Patients given RPM kit (symptom tracking, pulse oximeter, etc)
  - Biometric data transmitted to RPM team
  - Providers detect early signs of decompensation/intervene
- **Key role in pandemic with highly infectious pathogen**
  - Recognize early clinical worsening
  - Minimize exposures/prevent transmission to household contacts
  - Public health function during period of DOH diminished capacity



\*cRPM: COVID-19 Remote Patient Monitoring

# Clinical trial enrollment and counseling

## Navajo Nation surpasses New York state for the highest Covid-19 infection rate in the US

By Hollie Silverman, Konstantin Toropin, Sara Sidner and Leslie Perrot, CNN  
Updated 5:55 PM ET, Mon May 18, 2020



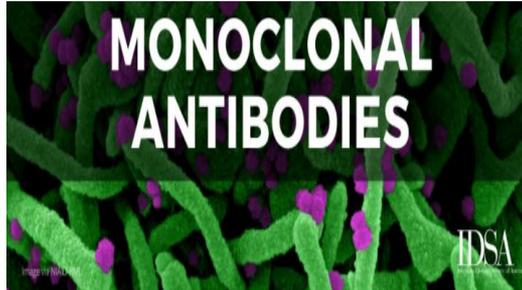
### remdesivir injection

100 mg/20 mL  
(5 mg/mL)

For Intravenous Use Only  
Single-Dose Vial: Discard  
Unused Portion

For use under Emergency  
Use Authorization (EUA)

Each mL contains 5 mg  
of remdesivir in 20 mL solution



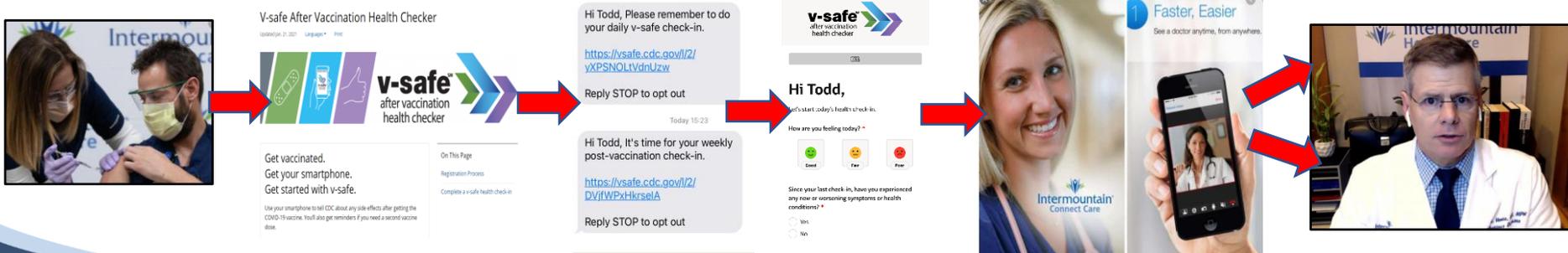
# Telehealth for Monoclonal Antibody Screening

- Monoclonal Antibody FDA EUA (Bamlanivimab, Regeneron, Bam/Ete)
  - High risk, COVID-19 infected, symptomatic, non-hypoxic outpatients
  - State-dictated risk criteria (representation on Mab Task Force)
- Tele-provider screening
  - Redeployed clinicians
  - Daily generated positive COVID-19 test list
  - Contact high-risk patients
  - Complete e-consult and EMR communication
  - Mab infusion w/in 24h at nearest infusion site
  - 16 infusion centers (InstaCare, urgent care, rural EDs): UT/ID)
- Automated risk calculation processes
  - Data from automated PCR test order algorithm
  - EMR data integrated for risk score calculation
  - Includes age, ethnicity, gender, comorbidities; geography/access assessed
- Preliminary results
  - >900 Mab infusions (BAM and Regeneron)
  - Median age: 66y Median Risk Score: 9 (est. 50% hosp. risk)
  - <1% serious infusion reactions
  - 4% subsequent hospitalizations
  - NNT = 10

City	Patient Location	Specimen Collect Date	Hospitalization Status	Age (Years)	Gender	Ethnicity	COVID Symptoms	Comorbidity Score	Mab_RISK_SCORE
MIDVALE	ER	02/12/2021	Inpatient: Active	63	Male	Hispanic, Latin	Yes	10	19.0
WEST VALLER		02/12/2021	Emergency: Discharg	79	Female	Not Hispanic, L	Yes	12	19.0
HERRIMAN	Emergency Room	02/11/2021	Observation: Dischar	76	Male	Not Hispanic, L	Yes	10	18.0
BLUFFDALE	Central Lab OP C	02/12/2021	Outpatient: Discharg	81	Male	Not Hispanic, L	No	11	18.0
SAINT GEOR	River Road Emer	02/12/2021	Inpatient: Active	88	Male	Not Hispanic, L	Yes	10	17.5
GLENDALE	Medical 9 (T9)	02/12/2021	Inpatient: Active	58	Male	Hispanic, Latin	No	9	17.0
MANTI	SanPete: Acute	02/11/2021	Inpatient: Active	87	Male	Not Hispanic, L	No	9	16.5
OGDEN	Emergency Room	02/12/2021	Inpatient: Active	66	Female	Not Hispanic, L	Yes	10	16.5
SOUTH JOR	Emergency Room	02/12/2021	Inpatient: Active	61	Male	Not Hispanic, L	Yes	9	16.0
OGDEN	Intermediate Car	02/12/2021	Inpatient: Active	75	Male	Not Hispanic, L	Yes	8	16.0
PAROWIAN	Emergency Room	02/12/2021	Inpatient: Active	60	Male	Not Hispanic, L	Yes	9	16.0
WEST VALL	CVU 3 (Cardiova	02/12/2021	Inpatient: Active	71	Male	Not Hispanic, L	Yes	8	15.5
PORTAGE	Emergency Room	02/12/2021	Inpatient: Active	67	Male	Not Hispanic, L	Yes	8	15.5
DRAPER	Neuro Ortho 7 (T	02/11/2021	Inpatient: Active	80	Female	Not Hispanic, L	No	9	15.0
FARMINGT	JOINT AND SPIN	02/11/2021	Inpatient: Active	84	Female	Not Hispanic, L	No	9	15.0
KAYSVILLE	Medical (MED)	02/12/2021	Inpatient: Active	64	Male	Not Hispanic, L	No	9	15.0
SALT LAKE	CVU 4 (Cardiova	02/12/2021	Inpatient: Active	64	Male	Not Hispanic, L	Yes	8	15.0
OGDEN	Emergency Room	02/12/2021	Emergency: Discharg	61	Female	Hispanic, Latin	Yes	7	15.0
OGDEN	Emergency Room	02/12/2021	Emergency: Discharg	84	Female	Not Hispanic, L	Yes	9	15.0
WASHINGT	River Road Emer	02/12/2021	Inpatient: Active	84	Male	Not Hispanic, L	Yes	8	15.0

# COVID-19 vaccine: telehealth opportunities

- Counseling at time of vaccination
  - Enrollment into CDC's V-safe during observation period
  - Connect Care instructions/reminder provided
- Connect Care: adverse event monitoring
  - Educated on common/serious reactions
  - Direct access to ID-Telehealth/COVID-19 line provider (24/7)
  - Coordination with patient transfer center for ED assessment/admission
  - VAERS reporting



# COVID-19 vaccine: telehealth opportunities

- Rural vaccination programs (Utah)
  - Rural vaccination rates 50% lower than metropolitan rates
  - Local health department observations of patient AND provider hesitancy
  - Telementoring to educate rural providers (ECHO sessions)
  - Use established ID Tele connections/network to expand vaccination efforts
- High risk/disproportionately affected populations
  - Healthcare system vaccine clinics (March 2021) in proximity to patient pops.
  - Drive-thru and extended hour operations (front line worker access)
- Targeted messaging and communication
  - Language and multi-cultural subgroup to address health inequities/disparities
  - Media, community, and faith-based organization engagement
- Expanded use of other Digital Health Tools ?
  - Improved vaccine access
  - Improved vaccine uptake



# COVID-19 tele-expansion measures: summary

- Expanded telephone triage (3000/day)
- Initiated online symptom checker/chatbot program (>100K in 1 week)
- Biocontainment unit pt cared for with only telehealth physician visits
- Tablets/iPAD tools (ED/ward/ICUs)-minimize movement into pt room
- COVID-19 Remote Patient Monitoring (cRPM) of pts sent out of ED, Instacare, hospital on home isolation
- Expansion of Video Visits for non-COVID infected continuity clinic patients
- Redeployed Providers: asymptomatic HCWs on quarantine used as telehealth screeners/COVID-19 PCR orders
- Re-purposed/Re-deployed surgeons/others with decreased workload (surgeons as tele-providers)
- Expanded ECHO telementoring to educate system-wide workforce on COVID-19 clinical/public health practice
- Positive test notification/tele-isolation counseling d/t Department of Health diminished capacity
- Daily Tele-COVID-19 rounds for all Rural/Critical Access Hospitals/Community Hospitals
- Vaccine Adverse Effects assessment using V-safe and Connect Care
- 24-hour COVID-19 “hotline” for providers (Therapeutics, Monoclonal Ab, Vaccines)

## Objectives

1. Minimize exposures: vulnerable patients/HCWs
2. Conserve limited resources (hospital beds, PPE...)
3. Empower HCWs w/ up-to-date awareness/training
4. Improve patient access, safety, quality



# Key policy changes in Federal Telehealth coverage

- Stafford Act and National Emergency Act
- Change in requt. for HSA “**rural**” designation
- Expanded CMS telehealth coverage
  - Primary care
  - Mental health
  - Nursing home visits
  - Counseling, education, therapy services
  - **Patient home/home health**
- Expanded reimbursement for telephone visits
- Reimbursement as in-person care if same unit telehealth
- Removed barriers for hiring healthcare providers



# Summary

- **Telehealth as a proven mitigation measure**
- **Intermountain pre/post-COVID-19 experience**
- **Telehealth legislation post-PHE**
- **Telehealth advantages in an ID epidemic**
  - Minimize patient/provider exposures
  - Conserve resources (PPE)
  - Allay patient fears/concerns
  - Support social distancing measures
  - Increased/early access to care (prevention/treatment)
  - **Telehealth = Public Health**
- **Opportunities for multi-disciplinary/multi-level coordination on therapeutics, vaccines, and more**



# Thank You

## Contact Information

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# How to Ask a Question

- Using Zoom
  - Click on the “Q&A” button.
  - Type your question in the “Q&A” box.
  - Submit your question.
- For media questions, please contact CDC Media Relations at 404-639-3286 or email [media@cdc.gov](mailto:media@cdc.gov).

# Continuing Education

All continuing education for COCA Calls is issued online through the CDC Training & Continuing Education Online system at <https://tceols.cdc.gov/>

Those who participate in today's COCA Call and wish to receive continuing education please complete the online evaluation by **April 12, 2021**, with the course code **WC2922-031121**. The access code is **COCA031121**. Those who will participate in the on-demand activity and wish to receive continuing education should complete the online evaluation between **April 13, 2021** and **April 13, 2023** and use course code **WD2922-031121**. The access code is **COCA031121**.

Continuing education certificates can be printed immediately upon completion of your online evaluation. A cumulative transcript of all CDC/ATSDR CEs obtained through the CDC Training & Continuing Education Online System will be maintained for each user.

# Today's COCA Call Will Be Available On-Demand

- **When:** A few hours after the live call
- **What:** Video recording
- **Where:** On the COCA Call webpage at [https://emergency.cdc.gov/coca/calls/2021/callinfo\\_031121.asp](https://emergency.cdc.gov/coca/calls/2021/callinfo_031121.asp)

# Upcoming COCA Calls

- Visit our COCA Call page at [emergency.cdc.gov/coca](https://emergency.cdc.gov/coca).
- Subscribe to receive notifications about upcoming COCA calls at [emergency.cdc.gov/coca/subscribe.asp](https://emergency.cdc.gov/coca/subscribe.asp).
- Share call announcements with colleagues.

# COCA Products & Services



The logo for COCA Call features a blue horizontal bar with the text "COCA Call" in white. To the left of the bar are four square icons: a white eye in a blue circle, a white stethoscope in a red circle, a white syringe in a green circle, and a white biohazard symbol in an orange circle.

**COCA Call**  
CDC Clinician Outreach  
and Communication Activity

COCA Call Announcements contain all information subscribers need to participate in COCA Calls. COCA Calls are held as needed.



The logo for COCA Learn features a green horizontal bar with the text "COCA Learn" in white. To the left of the bar are four square icons: a white eye in a blue circle, a white stethoscope in a red circle, a white syringe in a green circle, and a white biohazard symbol in an orange circle.

**COCA Learn**  
CDC Clinician Outreach  
and Communication Activity

Monthly newsletter that provides information on CDC training opportunities, conference and training resources, the COCA Partner Spotlight, and the Clinician Corner.



The logo for Clinical Action features a red horizontal bar with the text "Clinical Action" in white. To the left of the bar are four square icons: a white eye in a blue circle, a white stethoscope in a red circle, a white syringe in a green circle, and a white biohazard symbol in an orange circle.

**Clinical Action**  
CDC Clinician Outreach  
and Communication Activity

As-needed messages that provide specific, immediate action clinicians should take. Contains comprehensive CDC guidance so clinicians can easily follow recommended actions.

# COCA Products & Services



Monthly newsletter providing updates on emergency preparedness and response topics, emerging public health threat literature, resources for health professionals, and additional information important during public health emergencies and disasters.



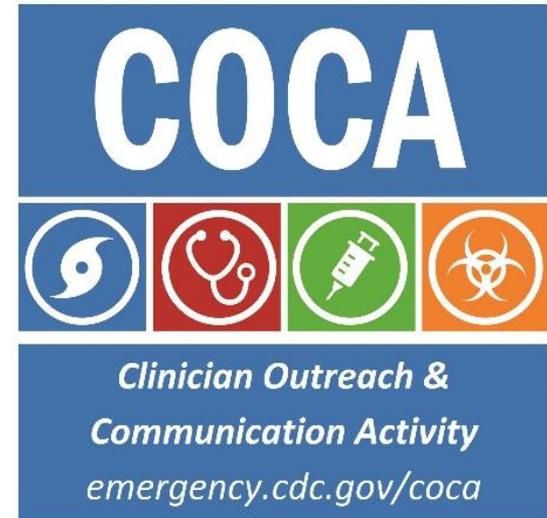
Informs clinicians of new CDC resources and guidance related to emergency preparedness and response. This email is sent as soon as possible after CDC publishes new content.



CDC's primary method of sharing information about urgent public health incidents with public information officers; federal, state, territorial, and local public health practitioners; clinicians; and public health laboratories.

# Join COCA's Mailing List

- **Receive information about:**
  - Upcoming COCA Calls
  - Health Alert Network (HAN) messages
  - CDC emergency response activations
  - Emerging public health threats
  - Emergency preparedness and response conferences
  - Training opportunities



[emergency.cdc.gov/coca/subscribe.asp](https://emergency.cdc.gov/coca/subscribe.asp)

# Join Us On Facebook!



The screenshot shows the Facebook profile for 'CDC Clinician Outreach and Communication Activity - COCA'. The profile picture features a diverse group of healthcare professionals. The cover photo shows a group of six smiling healthcare workers. The page includes a navigation menu on the left with options like Home, About, Posts, Photos, Events, and Community. The main content area shows a status update from October 31, 2017, about a COCA Call on November 7, 2017. The right sidebar displays location information (Atlanta, Georgia), community statistics (21,420 likes, 21,217 followers), and a map of the location.

**COCA**

CDC Clinician Outreach and Communication Activity - COCA ✓  
@CDCClinicianOutreachAndCommunicationActivity

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Liked Following Share

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Government Organization in Atlanta, Georgia

Community See All

21,420 people like this

21,217 people follow this

About See All

Clifton Rd. NE  
CDC PH

**COCA** CDC Clinician Outreach and Communication Activity - COCA shared their event.

October 31 at 1:18pm

Clinicians, you can earn FREE CE with this COCA Call! Join us for this COCA Call November 7, 2017 at 2:00PM.

**Thank you for joining us today!**



[emergency.cdc.gov/coca](https://emergency.cdc.gov/coca)